

## *Resume*

**Name:** Dr. SMITA ROY

**Date of Birth:** 06<sup>th</sup>FEBRUARY, 1983

**Residential Address:** 706, Anuradha, Sunrise Apartments, Sector-P, Kanpur Road  
Lucknow (U.P.)

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**Academic Profile:**

Examination	Board/ Institution	Year	Division/Percentage	Subjects
X	U.P.Board NariShikshaNiketan Inter College, Lucknow	1998	Second/ 50.33%	Maths-II, Science-II, Hindi, English, Biology, Social Science.
XII	U.P.Board NariShikshaNiketan Inter College, Lucknow	2000	Second/ 50.6%	Hindi, English, Physics, Chemistry, Biology
B.A	University of Lucknow	2008	Second/ 53.44%	History, English Literature& Sociology
PGDM	IIMT College Of Management, Greater Noida	2010	First/ 68.74%	Human Resource
M.A	Mahatma Gandhi University, Meghalaya	2015	First/ 76.7%	Sociology
B. Ed.	Singhania University, Rajasthan	2015	First 64.33 %	Social study
Ph. D. Awarded	Dr. Ram Manohar Lohiya National Law University,Lucknow	2020	<b>Topic:</b> A Sociological Understanding of the Challenges of Old Age Persons: A Case Study of Lucknow District.	Sociology

**Office Automation and Internet:** six months internet course from Mahendra Educational Society successfully completed and awarded grade A+ (from 2 January to 2 July 2012)

**UGC NET:** NET Qualified in the examination of June 2015 (Roll No. 81002220)

**CTET:** Qualified in the examination of September 2015 for upper primary level (Roll No.07020112)

**UPTET:** Qualified in the examination of February 2016 for upper primary level (Roll No.2922918508)

### **MEMBER OF THE PROFESSIONAL ORGANIZATIONS**

- i. Life Member of the **Indian Sociological Society (INSOSO)**, New Delhi, India, Membership Number:LMI-4329
- ii. Member of the Research Committee (RC-7) in **Indian Sociological Society (INSOSO)**, New Delhi, India.

### **PUBLICATIONS PROFILE:**

#### **Books Published:**

1. Roy, Smita and Anurag Chaudhari. (2021). **During Covid-19 Pandemic: A Glance.**Lucknow:Book Rivers. (ISBN: 978-93-90548-04-0)

#### **Articles/ Chapters in Books Published:**

1. Roy, Smita. (2018). **The Role of Yoga in Healing Trauma among Elderly People: An Assessment.** In Syed Sajid Hussain Kazmi et al (eds), *Traumashastra: Bio-Psychosocial Perspectives of Trauma.* (pp: 285-292). Lucknow:Indian Mental Health and Research Centre (IMHRC). (ISBN No. 978-93-5346-155-3).
2. Roy, Smita. (2020). **Indian Education Scenario: Major Road Ahead.** In Ismail Thamarasserri and Mumthas B. M. (eds), *Trends and Issues in Indian Education.*(pp: 93-100). New Delhi:Kanishka Publishers. (ISBN No. 978-93-89484-52-6).
3. Roy, Smita. (2020). **Constitutional and Legal Provisions for Women in India: A Critical Appraisal.** In Kavita Mate (ed), *Women Empowerment and Sustainable Development in India.* (pp: 61-66). Vidyanagar Nagpur: Sankalp Publication. (ISBN No. 978-81-948301-1-5).

4. Roy, Smita. (2020). **Empowerment of Women Through Panchayati Raj: A Descriptive Analysis.** In Shivkaran Nimal (ed), *Panchayati Raj Sansthaoke Vividh Aayaam.* (pp: 113-120). Bhiwani, Haryana: Gina Publication. (ISBN No. 978-93-89602-05-0).
2. Roy, Smita. (2021). **Covid-19 Pandemic and Elderly People: Impact, Challenges and Precautions.** In Smita Roy and Anurag Chaudhari (eds), *During Covid-19 Pandemic: A Glance.* (pp: 46-63). Lucknow: Book Rivers. (ISBN: 978-93-90548-04-0).

### **Research Papers /Articles Published in Journals:**

1. Roy, Smita and B. B. Singh. (2017). *Elderly People and Youth in India: Understanding Change with Reference to Globalization.* Emerging Researcher, A Blind Peer Reviewed Multidisciplinary Quarterly Journal (Volume: 4, Issue:II, April – June, 2017(PART -2), (ISSN: 2348-5590), Published by: Future Fact Society, Lanka, BHU, Varanasi (U.P.) India.
2. Roy, Smita. (2018). *Gender Discrimination among Elderly Women in India: A Socio-legal Appraisal.* Annals of Multi-Disciplinary Research, A Quarterly International Refereed Research Journal (Volume: VIII, Issue: 2, March 2018, (ISSN: 2249-8893), Published by: Poddar Publication, Tara Nagar Colony, Chittupur, BHU, Varanasi (U.P.) India.
3. Roy, Smita. (2018). *Human Rights of Senior Citizens in India: Concerns and a Critical Assessment.* JIGYASA, An Interdisciplinary Refereed Research Journal (Volume: XI, No. 3, July 2018, (ISSN: 0974-7648), Published by: Poddar Publication, Tara Nagar Colony, Chittupur, BHU, Varanasi (U.P.) India.
4. Roy, Smita. (2019). *Myths, Belief and Taboos Related to Menstruation in India: A Discourse.* Swadeshi Research Foundation, A Monthly Journal of Multidisciplinary, International Peer Refereed, Review, Indexing & Impact factor- 4.2 Research Journal (Vol.-6, No.-6 April 2019, (ISSN: 2394-3580), published by SRF National & International Research Journal & Book Publication House, 320, Sewa Path, Sanjeevni Nagar, Garha, Jabalpur (M.P.)

5. Roy, Smita. (2019). ***Status of Elderly Persons in Changing Family Structure: An Indian Scenario.*** Unnati International Journal of Multidisciplinary Scientific Research, U.I.J.M.S.R., Peer Reviewed - Refereed Journal & Impact factor - 3.2, Open Access, Double Blind, Monthly Online Journal (Vol.:1, No.:5, June 2019, (ISSN: 2581-8872), published by SRF National & International Research Journal & Book Publication House, 320, Sewa Path, Sanjeevni Nagar, Garha, Jabalpur (M.P.)
6. Roy, Smita. (2020). ***Impact of Facebook on Youth: Let's Talk.***BohalShodhManjusha, An International Peer Reviewd& Refereed, Multidisciplinary & Multiple Languages Research Journal, Impact factor-3.811, (Vol. 11, Issue 4, April-June 2020) (ISSN: 2395-7115), published by Gugan Ram Educational & Social Welfare Society (Regd.), 202, Old Housing Board, Bhiwani, Haryana-127021.
7. Roy, Smita. (2020). ***Global Warming and its Impact on Climate Change: Possible Action Plan for India.*** Swadeshi Research Foundation, A Monthly Journal of Multidisciplinary, International Peer Refereed, Review, Indexing & Impact factor- 5.2, Ex- UGC S.N. 4990,Research Journal (Vol.-7, No.-7 May 2020, (ISSN: 2394-3580), published by SRF National & International Research Journal & Book Publication House, 320, Sewa Path, Sanjeevni Nagar, Garha, Jabalpur (M.P.)
8. Roy, Smita. (2020). ***Caring for Elderly People during Covid-19 Pandemic: Need to Follow Social Distancing without Disconnecting.*** Swadeshi Research Foundation, A Monthly Journal of Multidisciplinary, International Peer Refereed, Review, Indexing & Impact factor- 5.2, Ex- UGC S.N. 4990,Research Journal (Vol.-7, No.-9 July 2020, (ISSN: 2394-3580), published by SRF National & International Research Journal & Book Publication House, 320, Sewa Path, Sanjeevni Nagar, Garha, Jabalpur (M.P.)
9. Roy, Smita. (2020). ***Caring for Elderly in Developed and Developing Nations: A Comparative Perspective.***Vidyawarta: Peer Reviewed International Interdisciplinary Multilingual Refereed Journal, Indexed & Impact factor- 7.041 (Vol-1, Issue-36 Oct-Dec 2020, ISSN: 2319-9318), Published by Harshvardhan Publication, Maharashtra.
10. Roy, Smita. (2020). ***Ageing in the 21<sup>st</sup> Century: Challenges and Concerns.*** Printing Area: Peer Reviewed International Interdisciplinary Research Journal, Indexed & Impact

factor-7.387 (Vol-2, Issue-70 October 2020, ISSN: 2394-5303), Published by Harshvardhan Publication, Maharashtra.

11. Roy, Smita. (2020). *Mental Health of Elderly: Addressing A Neglected Issue*. Shodh Sanchar Bulletin, Approved UGC CARE, An International Bilingual Peer Reviewed Refereed Research Journal (Vol. 10, Issue 40, October-December 2020, ISSN: 2229-3620), Published by Sanchar Educational and Research Foundation, Lucknow, U.P. (India).

### **Papers Presented in Seminar/ Conferences:**

1. Attended two days national seminar on **“Two Decades of 73<sup>rd</sup> Constitutional Amendment Act (Panchayat Raj): Experiences, Issues, Challenges and Opportunities with Special Reference to Uttar Pradesh”** and presented a paper titled **“Empowerment of Women Through Panchayati Raj: A Critical Reflection on Social Development”** from 5<sup>th</sup> to 6<sup>th</sup>, February, 2016 organized by Centre For Human Rights, Dr. Ram Manohar Lohiya National Law University, Lucknow.
2. Attended two days national seminar on **“Globalization and Youth in India : Perspectives, Issues and Challenges”** and presented a paper titled **“Elderly People and Youth in India : Understanding Change with Reference to Globalization”** from 6<sup>th</sup> to 7<sup>th</sup>, March, 2017 at the Department of Sociology, School for Ambedkar Studies, Babasaheb Bhimrao Ambedkar University, Lucknow.
3. Attended two days national workshop (**Young Researchers Workshop**) on **“Doing Sociological Research with Historical Sensibilities”** and presented a paper titled **“Population Ageing in Developing Countries: A Critical Historical Assessment”** from 7<sup>th</sup> to 8<sup>th</sup>, November 2017 at Dr. Ram Manohar Lohiya National Law University, Lucknow.
4. Attended two days national workshop (**Young Researchers Workshop**) on **“Doing Sociological Research with Historical Sensibilities”** and presented a paper titled **“Ageing in the 21<sup>st</sup> Century: Challenges and Concerns”** from 7<sup>th</sup> to 8<sup>th</sup>, November 2017 at Dr. Ram Manohar Lohiya National Law University, Lucknow.

5. Attended four days national conference named **“43<sup>rd</sup> All India Sociological Conference”** conducted by **“Indian Sociological Society”** on **“Neo-Liberalism, Consumption and Culture”** and presented a paper titled **“Marginalization of Elderly People in Indian Villages: an Analysis with Reference to the Recent Development in Legal Policy Formulation”** from 9<sup>th</sup> to 12<sup>th</sup> November, 2017 at the Department of Sociology, university of Lucknow, Lucknow.
6. Attended two days International conference on **“Vision 2022: A New India”** and presented a paper titled **“The Indian Education Scenario: Major Road Ahead”** from 27<sup>th</sup> to 28<sup>th</sup>, January, 2018 at the Department of Commerce, university of Lucknow, Lucknow.
7. Attended two days national conference on **“Ecological Degradation and its Impact on Socio-Economic Development”** and presented a paper titled **“Global Warming and its Impact on Climate Change: Possible Action Plan for India”** from 02<sup>nd</sup> to 03<sup>rd</sup>, February, 2018 at the Department of Economics and Botany, Netaji Subhash Chandra Bose Govt. Girls P.G Collage, Aliganj, Lucknow.
8. Attended two days National Seminar on **“Rights of Women: Emerging Perspective and Issues”** and presented a paper titled **“Constitutional and Legal Provisions for Women in India: A Critical Appraisal”** from 16<sup>th</sup> to 17<sup>th</sup>, February, 2018 at Institute of Women’s Studies, university of Lucknow, Lucknow.
9. Attended two days National Seminar on **“Rights of Women: Emerging Perspective and Issues”** and presented a paper titled **“Gender Discrimination among Elderly Women in India: A Socio-legal Appraisal”** from 16<sup>th</sup> to 17<sup>th</sup>, February, 2018 at Institute of Women’s Studies, university of Lucknow, Lucknow.
10. Attended two days National Seminar on **“Redefining Concepts: Tribe, Caste and Family”** and presented a paper titled **“Status of Elderly persons in Changing Family Structure: An Indian Scenario”** from 26<sup>th</sup> to 27<sup>th</sup>, March, 2018 *organized by Ethnographic and Folk Culture Society, Lucknow* at Department of Sociology, university of Lucknow, Lucknow.

11. Attended a one-day national seminar on ***“Dr. Ambedkar: Interdisciplinary Ideology On Aspirations For The Nation’s Better Future ”*** and presented a paper titled **“Human Rights of Senior Citizens in India: Concerns and a Critical Assessment”** on 14<sup>th</sup>, April, 2018 at the Department of Law, Social Science and Humanities, School for Ambedkar Studies, Babasaheb Bhimrao Ambedkar University, Lucknow.
12. Attended a one-day national conference on ***“Yoga for Health and Beyond”*** and presented a paper titled **“Yoga for Elderly People: Restoring Flexibility, Strength and stability.”** on 21<sup>st</sup>, June, 2018 organized by the Department of Sports Section, Babasaheb Bhimrao Ambedkar University, Lucknow.
13. Attended two days International Conference on **“Sustainable Development: Strategies and Emerging Trends”** and presented a paper titled **“Health, Wellness and Fitness Management for Elderly People: An Assessment”** from 16<sup>th</sup> to 17<sup>th</sup>, November, 2018 at Netaji Subhash Chandra Bose Govt. Girls P.G Collage, Aliganj, Lucknow.
14. Attended a one-day International Conference on **“Bio-Psychosocial Perspectives of Trauma”** jointly organized by Shia P G College (Associate College of University of Lucknow) and Indian Mental Health & Research Centre held on 13<sup>th</sup> January 2019 at Lucknow and presented a paper titled **“The Role of Yoga in Healing Trauma among Elderly People: An Assessment”**.
15. Attended two days International Conference on **“Towards Sustainable Women Health: Decoding the Menstruation Taboo”** and presented a paper titled **“Myths, Belief and Taboos Related to Menstruation in India: A Discourse”** from 1<sup>st</sup> to 2<sup>nd</sup>, February, 2019 at Maharaja Bijli Pasi Government P.G. Collage, Aashiyana, Lucknow.
16. Attended two days national seminar on **“Policy Perspectives and Emerging Issues in Higher Education”** and presented a paper titled **“Impact of Liberalization, Privatization and Globalization on Education System in India: A Critical Appraisal”** from 23<sup>rd</sup> to 24<sup>th</sup>, February, 2019 at the Department of Education, Babasaheb Bhimrao Ambedkar University, Lucknow.

17. Attended two days national seminar on ***“Contextualizing Mahatma Gandhi’s Philosophy in the 21<sup>st</sup> Century: Democracy Justice, Equality and Non-Violence”*** and presented a paper titled **“Relevance of Gandhian Principles of Truth and Non-violence in Today’s Time”** from 29<sup>th</sup> to 30<sup>th</sup>, March, 2019 organized by Dr Ram Manohar Lohiya National Law University, Lucknow.
18. Attended two days national seminar on ***“Contextualizing Mahatma Gandhi’s Philosophy in the 21<sup>st</sup> Century: Democracy Justice, Equality and Non-Violence”*** and presented a paper titled **“Gandhian and Marxian Approach: A Discourse on Different Social and Political Tools”** from 29<sup>th</sup> to 30<sup>th</sup>, March, 2019 organized by Dr Ram Manohar Lohiya National Law University, Lucknow.
19. Attended two days national webinar on ***“Impact of COVID-19 Pandemic in Rural India”*** and presented a paper titled **“Impacts of Covid-19 on Livelihood of Elderly People: An Analysis”** from 15<sup>th</sup> to 16<sup>th</sup>, May, 2020 organized by Daudnagar College, Daudnagar, (Aurangabad), Bihar (A Constituent Unit of Magadh University, Bodh Gaya).
20. Attended two days international webinar on ***“Higher Education in the Era of Global Pandemic: Aspects, Challenges and Prospects”*** and presented a paper titled **“Impact of Covid-19 Pandemic on Higher Education in India: A Qualitative Review”** from 16<sup>th</sup> to 17<sup>th</sup>, May, 2020 organized by NAS (P.G.) College, Meerut, U.P. (Affiliated to Chaudhary Charan Singh University, Meerut (U.P.), India.
21. Attended two days international webinar on ***“Covid-19: Life Challenges and Strategies”*** and presented a paper titled **“Covid-19 and Elderly People: Challenging Times for Caregivers”** from 18<sup>th</sup> to 19<sup>th</sup>, May, 2020 organized by P. G. Department of Psychology, Veer Kunwar Singh University, Ara in association with Bhartiya Manovigyan Parishad.
22. Attended two days international webinar on ***“Outstanding Contributions of Indian Women Thinkers in the Present Social and Educational”*** and presented a paper titled **“Contributions of Mother Teresa to Society: A Discourse”** from 29<sup>th</sup> to 30<sup>th</sup>, May, 2020 organized by Vasanta College for Women, Affiliated to Banaras Hindu University, Varanasi (U.P.) India.



## **WORKSHOPS, TRAINING PROGRAM AND SYMPOSIUM:**

1. Attended a summer training program in Hindustan Aeronautics Limited (HAL), Lucknow for six weeks on the topic **“Training and Development of Employees of HAL”** from 16 June 2009 to 30 July 2009.
2. Participated in marketing fair in 2010 for TATA INDICOM in college campus (IIMT College of Management, Greater Noida.)
3. Attended and actively participated in one day awareness cum training programme on **“Human Rights”** organized by Dr. Ram Manohar Lohiya National Law University, Lucknow and Supported by National Human Rights Commission, New Delhi on 25<sup>th</sup> March, 2017 at Dr. Ram Manohar Lohiya National Law University, Lucknow.
4. Attended and actively participated in seven days workshop on **“Data Analysis Using SPSS”** from 10<sup>th</sup> to 16 October, 2017 at Department of Statistics, University of Lucknow, Lucknow.
5. Attended and actively participated in four days workshop on **“Human Rights Law”** from 30<sup>th</sup> October to 2<sup>nd</sup> November, 2017 where special lectures were delivered by **“Prof. Robert Wintemute from School of Law, King’s College, London”** at Dr Ram Manohar Lohiya National Law University, Lucknow.
6. Attended and actively participated in National symposium on the topic **“Reservation Policy in Contemporary India: Scope, Necessity and Challenges”** on the 52<sup>nd</sup> Death Anniversary of Dr. Ram Manohar Lohiya, organized by Dr. Ram Manohar Lohiya National Law University, Lucknow on 12<sup>th</sup> October, 2019.
7. Attended and actively participated in ten days workshop on **“ICSSR Sponsored National Workshop on Research Methodology in Social Sciences”** organized by Department of Education, School of Education, BabasahebBhimraoAmbedkar University, Lucknow from 15<sup>th</sup> October to 24<sup>th</sup> October, 2019.
8. Attended and actively participated in symposium on the topic **“Rising Inequality in Education”** on October 31, 2019 organized by the Department of Sociology,

- BabasahebBhimraoAmbedkar (Central) University, Lucknow) in collaboration with Oxfam India and Vigyan Foundation.
9. Attended and actively participated in symposium on the topic “**Environment and Society**” on November 20, 2019 organized by the Department of Sociology, BabasahebBhimraoAmbedkar (Central) University, Lucknow) in collaboration with Oxfam India and Vigyan Foundation.
  10. Attended and actively participated in a one week National Level online Faculty Development Programme (FDP) for trainers on “**Mastering the Art of Handling Post Covid Challenges for Sustainable Development**” organized by the Faculty of Humanities and Science and Industry Institute Planning Cell, Adayalampattu Phase-II Campus, Maduravoyal, Chennai from 19 to 23 May, 2020.
  11. Participated in National Article Writing Competition on Topic “**COVID-19, A Global Pandemic: Prospects & Challenges**” and contributed an Article bearing title “*Caring for Elderly People During Covid-19 Pandemic: A Descriptive Study*”, held from 05th May, 2020 to 17th May, 2020 at Department of Rural Management, BabasahebBhimraoAmbedkar University, Lucknow. The competition concluded through National Article Presentation Webinar held on 27 May, 2020.
  12. Attended and actively participated in in four days national webinar on “**Intellectual Property Rights and Impact of Covid-19 on Law and Society**” organized by Institute of Legal Studies, Shri Ramswaroop Memorial University, Lucknow-Deva Road, Uttar Pradesh from 29<sup>th</sup> May to 1<sup>st</sup> June, 2020.
  13. Attended and actively participated in Seven days online National workshop on “**Research Methodology**” organized by NAS (P.G.) College, Meerut, U.P. (Affiliated to Chaudhary Charan Singh University, Meerut (U.P.) in association with IGNOU Regional Centre, Noida, from 09<sup>th</sup> June to 15<sup>th</sup> June, 2020.
  14. Attended and actively participated in the one day International webinar on **Observance of World Elder Abuse Awareness Day** on “*Elder Abuse: Trends, Challenges and Ways Forward*” organized by the BDU- Heritage Centre for Gerontology (Hyderabad) and

- Department of Social Work, Bharathidasan University (Tiruchirappalli) held on 15<sup>th</sup> June, 2020.
15. Attended and actively participated in Seven days online International Faculty Development Program (FDP) on “**Contemporary Issues, Assessment, Collaboration, Research and Publication**” organized by Swami Shukhdevanand PG College, Shahjahanpur (UP), India (Faculty of Commerce & Research Studies) in association with Mohammad Ali Jauhar University, Rampur (UP) India (Faculty of Commerce & Management) from 15<sup>th</sup> June to 21<sup>th</sup> June, 2020.
  16. Attended and actively participated in Seven days online workshop on “**National Workshop on Research Methodology in Social Sciences**” organized by Arya Knaya P.G. College, (University of Allahabad), Prayagraj from 20<sup>th</sup> June to 26<sup>th</sup> June, 2020.
  17. Attended and actively participated in two days national webinar on “**Covid-19: Socio-cultural and Biological Issues**” organized by Ethnographic and Folk Culture Society, Lucknow in collaboration with Department of Sociology, University of Lucknow, Lucknow on 30<sup>th</sup> June & 1<sup>st</sup> July, 2020.

**Smita Roy**